Beverages	Portion	Calories	Total Fat g	Sat Fat	Trans Fat	PolyUnSat	MonoUnSat	Cholesterol mg	Sodium mg	Potassium mg	Total Carbs g	Dietary Fiber g	Sugars g	Protein g
100% Apple Juice	4 oz	60	0	n/a	n/a	n/a	n/a	n/a	0	150	13	n/a	n/a	0
Gatorade - Berry	12 oz	90	0	0	n/a	n/a	n/a	0	160	50	22	0	22	0
Gatorade - Ice Punch	12 oz	90	0	0	n/a	n/a	n/a	0	160	50	22	0	22	0
Gatorade - Lemon Lime	12 oz	90	0	0	n/a	n/a	n/a	0	160	50	22	0	22	0
Gatorade G2 - Grape	12 oz	40	0	0	0	0	0	0	160	45	10	0	10	0
Gatorade G2 - Orange	12 oz	40	0	0	0	0	0	0	160	45	10	0	10	0
Lemonade	4 oz	60	0	n/a	n/a	n/a	n/a	n/a	1	0	15	0	n/a	1
Side Station Items														
Chocolate Chip Cookie	2.5 oz	297	12	n/a	n/a	n/a	n/a	11	347	103	46	n/a	n/a	3
BBQ Chips	1 oz	150	10	1	0	4	4	0	200	390	15	1	2	2
Cheddar Sunchips	1 oz	140	6	1	0	n/a	n/a	0	160	70	19	2	2	2
Cool Ranch Doritos	1 oz	150	8	1	0	n/a	n/a	0	180	n/a	18	2	n/a	2
Flaming Hot Cheetos	1 oz	170	11	2	0	n/a	n/a	0	250	n/a	15	0	0	2
Fruit Sancks	.9 oz	100	1	2	0	n/a	n/a	0	30	n/a	22	0	13	0
Nacho Cheese Doritos	1 oz	150	8	2	0	n/a	n/a	0	180	n/a	17	1	1	2
Popcorn	1 oz	100	6	2	0	n/a	n/a	n/a	180	60	9	1	1	2
Soft Baked Pretzel	2.25 oz	162	1	0	0	n/a	n/a	0	135	n/a	34	1	1	5
Sugar Cookie (2)	2 oz	234	12	2	4	0	4	2	196	n/a	30	0	14	2
Bagel - Plain	4 oz	290	1	0	0	n/a	n/a	0	550	n/a	64	3	6	10
Cream Cheese	1 oz	100	9	6	0	n/a	n/a	25	95	34	1	0	1	2
Nacho Cheese Sauce	2 oz	70	5	2	2	n/a	n/a	0	570	n/a	6	0	2	1
Tortilla Chips	20 each	320	14	2	0	4	6	0	150	n/a	44	2	0	4
Cinnamon Toast Crunch	1 oz	120	3	1	0	0	2	0	200	40	22	1	9	1
Lucky Charms	1 oz	100	1	0	0	n/a	n/a	0	190	45	21	1	11	2
Rice Krispies	.625 oz	70	0	0	0	0	0	0	170	n/a	16	0	2	1